

Southern Community Engagement Forum

Caring for Carers

An opportunity to receive practical support and information about the range of services available for carers and the people they care for within the community, how they can assist and how to access them.

You are warmly invited to the Southern CEF Public Forum

6:30pm Thursday 9 June 2016
At Eggborough Sports & Social Club, Eggborough, DN14 0UZ

**FREE
EVENT!**
Thursday 9th
June 2016

Put your questions to our panel

Dawn Theaker, Service Manager, **Carers Count Selby District**
Amanda Stevens, Senior Dementia Support Advisor, **Dementia Forward**
Richard Gregory, Practice Manager, **Selby District Social Prescribing Service**

Also an opportunity to speak to your Councillors, staff from Selby District Council, North Yorkshire Highways, Police, Fire & Rescue Service, Yorkshire Energy Doctor, and other Community and Voluntary Organisations

Free Food and Refreshments



SELBY
DISTRICT COUNCIL

For further information about your Community Engagement Forum please visit www.selby.gov.uk/community-engagement-forums-cefs or call 01757 705101.



Free Youth Activity Days. Funded by the Southern Community Engagement Forum (CEF) and supported by Bee-Able.

1st activity day: Drax village hall on Monday the **8th of August 2016.**

2nd activity day: Hensall village hall Monday 22nd of August 2016 (venue to be confirmed)

3rd activity day: Hambleton village hall, February half term 2017 (venue and date to be confirmed)

4th activity day: Eggborough village hall or social club May half term 2017 (venue and date to be confirmed)

Times of groups will be:

10am to 6pm

Age 8 years to 16 years

The activity days will be free of charge and a buffet lunch will be provided.

Activity's will include: York City Knights (Rugby training), Magic and circus skills, Bikelibraries, provided by Positive Youth, bring your bike, learn how to maintain it/try a new bike/learn road safety while biking/can you ride a bike? Interactive talks from - police, FireBasic First Aid & Mobile Cinema.

Booking 1 month prior to each event is essential, **YOU CANNOT JUST TURN UP WITHOUT BOOKING**

To book a place on any of the events contact us:

Email: bee-able@hotmail.com Visit: www.bee-able.co.uk

Call: Lesley Senior/Sharon Senior - 07947 089777 - 07908 718770